Dr. Charles Stringham

Humboldt County Health Board

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HUMBOLDT COUNTY REPORTS 127 TOTAL CONFIRMATIONS, 13 ACTIVE CASES

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), raising the county's total to 127.

Overall, 110 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, four were identified at the Golden Valley Medical Center, and 12 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 58 tests, with 57 negative and one result pending. Any positives through the Community Health Nurse will be reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe reports 90 total cases; 76 were confirmed through the Fort McDermitt Wellness Center, five were tested out of area, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 775 tests, 89 people have recovered, one person has died, and the tribe has no active cases.

Based on available information, close contacts of the newest Humboldt County case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

• Case 127 – A man in his 50s, whose case remains under investigation. He is self-isolating at home.

Of the previous 126 cases, 110 have recovered, 12 are self-isolating and four have died; Humboldt County has 13 active cases.

Some areas of the country are beginning to see an uptick in COVID-19 cases that may be partially due to Labor Day weekend gatherings.

"It's been several weeks since Labor Day," said Humboldt County Health Officer Charles Stringham, MD, "and the timing appears to be consistent with the gatherings and other activities that took place over that weekend."

Nationally, case rates, COVID-19-related emergency department visits and new COVID-19 hospitalizations are all showing an uptick.

And, if past data proves true, hospitalizations will continue to increase over the coming weeks—something Dr. Stringham said is also of concern, especially with the official advent of flu season on October 1.

"We've never done COVID hospitalizations with flu hospitalizations," he said. "It's a very good reminder that we don't have the luxury of letting our guard down."

While Dr. Stringham said increases two weeks after major holidays are "very predictable," he reminded local residents that they don't have to be.

"We have many holidays coming up with many opportunities for gathering," he said. "I'm not saying we shouldn't gather, but we shouldn't gather like COVID-19 doesn't exist."

Dr. Stringham added, "Just do the right things: wear a mask, keep 6 feet of distance and wash your hands frequently. These aren't just nice protections; they are the protections that will keep us safe."

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) website.

Beginning Monday, September 28, the Humboldt General Hospital Screening Clinic will move to the HGH West Campus, located at 51 E. Haskell Street. From 8 a.m. to noon Monday through Friday, the clinic will offer drive-thru screening for asymptomatic persons with a doctor's order only. Those who are experiencing COVID-like symptoms should call their doctor and quarantine at home, or visit the HGH Emergency Department in the case of severe symptoms.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.